



**Get \$50 a month to purchase healthy foods, including fresh fruits and vegetables, for 12 months!**

**Enroll online at [www.masfrescopluscard.org](http://www.masfrescopluscard.org)**

### Who is eligible to participate?

- 18 years of age or older
- Referred by a San Diego County community-based organization
- One participant per household
- Live in San Diego County
- Have not previously participated in the iMás Fresco! Plus program

### What stores can I use my Foodsmart Foodcard at?

- Albertson's
- Food 4 Less
- Ralph's
- Vons
- Walmart



Scan the QR code with your phone to visit the website to enroll



Each participant will receive a **Foodsmart Foodcard** in the mail 2-3 weeks after enrolling in the program.

\$50 will be added to your Foodsmart Foodcard every month for 12 months to buy healthy foods. When you get your card, **you will need to activate it to start using your card.** Your card will come with instructions to activate it.

**For support with your Foodcard, contact Foodsmart Support at (415) 800-2311 or [support@foodsmart.com](mailto:support@foodsmart.com)**

### What can I buy with my Foodsmart Foodcard?

- Any variety of fresh, whole or cut, fruits and vegetables
- Bagged fruits and vegetables
- Bagged or packaged salad mixtures
- Garlic, onion, ginger, jalapenos, peppers, and chilies
- Canned fruits and vegetables
- Frozen fruits and vegetables
- Nuts, seeds, beans, and legumes
- Whole grains, such as oats, brown rice, quinoa, and whole wheat bread

### Questions?

**Contact iMás Fresco! Plus Support**

**Phone: (888) 315-6602**

**E-mail: [masfrescoplus@health.ucsd.edu](mailto:masfrescoplus@health.ucsd.edu)**